



SOUL WHISPERS.®

with Karen Baines

5 STEPS TO
EXTRAORDINARY MONEY ALIGNMENT

Welcome to

5 STEPS TO EXTRAORDINARY MONEY ALIGNMENT

WARNING!

*Will Create Discomfort
&
Vibrational Shift!*

STEP ONE - *Pay a bill*

“PAY THE UNIVERSE, THE UNIVERSE PAYS YOU BACK.”

This is a starting exercise to help you take the first step in realigning your money intentions.

Why?

This is the perfect way to start realigning your intentions around money, because it will make you uncomfortable - and that's the point.

In order to change our lives or create a new reality, we need to become energetically uncomfortable. There is power in the things we're neglecting, especially when you put them together with the person you aspire to be.

Alternatives:

- Renegotiate a contract or payment plan that you've been putting off.
- Talk to someone who owes you money.
- Check your bank account.
- Call your accountant to talk about getting ready for your next tax return.

• PICK ONE BILL YOU'VE NEGLECTED - WHAT IS IT?

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• HOW LONG HAVE YOU LEFT IT, AND WHY?

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• NOW PAY IT. HOW DO YOU FEEL? WHAT'S CHANGED?

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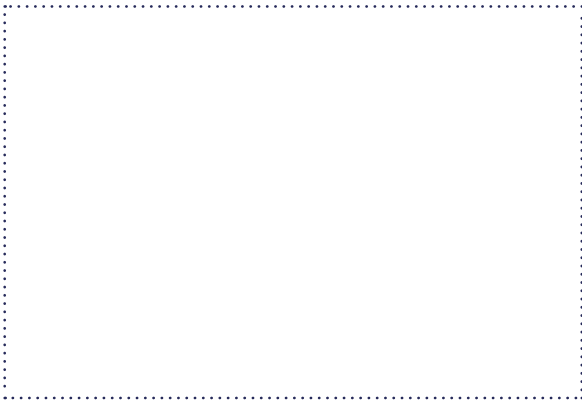
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STEP TWO - Set your intention

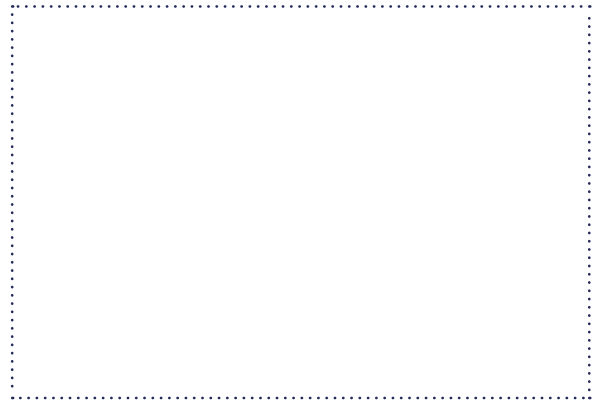
Anyone familiar with the idea of universal intention will find this step easy. For those that aren't - this is a space to declare your financial intention.

3 months is a good timeframe to start with.

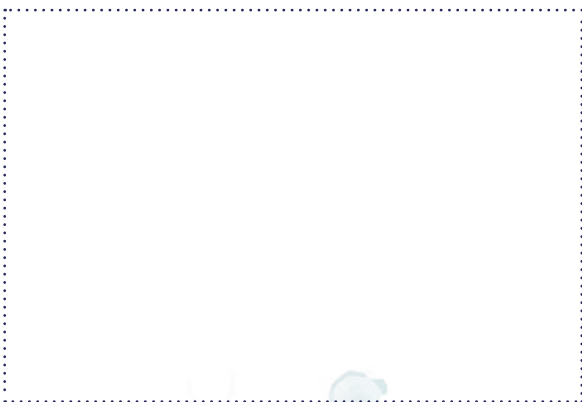
**HOW MUCH MONEY DO
YOU INTEND TO MAKE?**



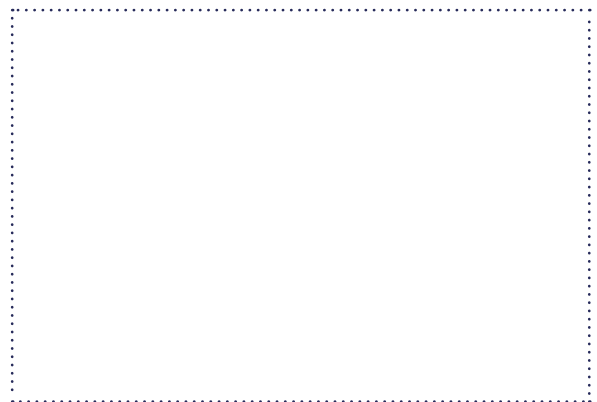
**WHEN DO YOU INTEND
TO MAKE IT BY?**



WHAT WOULD BE BETTER?



WHAT WOULD BE PHENOMENAL?



STEP THREE - *Give the money a home*

You now need to tell that money you plan to manifest exactly where it's going to go. What's it going to do for you? How will you invest it?

Money is creational energy manifest. It loves to know what it's going to do for you - whether that's an experience, a physical thing, responsibilities, or a step towards another goal.

PICK 4 KEY NEEDS OR DESIRES YOU INTEND TO USE THIS MONEY TO FULFILL.

1



2



3



4



STEP FOUR - *Find your target energy*

WE'RE READY NOW TO TRY AND FIND OUR TARGET ENERGY...

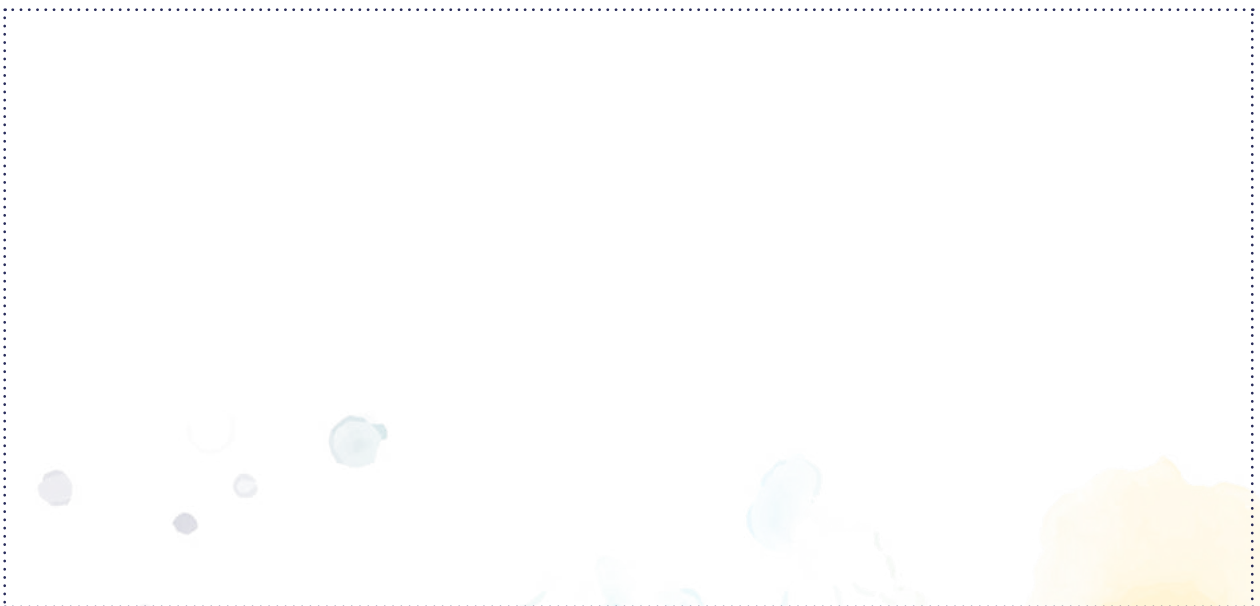
1. CLOSE YOUR EYES, AND MAKE YOURSELF STILL

2. IMAGINE THAT THE INTENTIONS YOU DESCRIBED EARLIER HAVE COME TRUE

- What does this new reality look like?
- What does it feel like to make your intention reality?
- What does a day in your life look like? ~ Where is this energy in your body?
- What one word could you use to describe it?

3. MAKE THIS ENERGY BIGGER, ALLOW IT TO FILL YOUR BODY. SURRENDER TO IT, LET IT FILL THE ROOM. BECOME AS FAMILIAR WITH IT AS AN OLD FRIEND.

NOW, TAKE A FEW MINUTES TO TRY AND DESCRIBE THIS ENERGY BELOW. THIS DOESN'T NEED TO MAKE SENSE TO ANYBODY BUT YOU:



STEP FIVE - *Do something!*

- If you want to create a new vibration and a new income level, you need to go out and choose that target energy.
- Choice happens at a physical level. In order to choose something, you have to do something.
- When you physically choose this energy, you cannot fail to have it reflected back at you as a consequence.

Now, choose one thing to do in your business that you've been putting off - something which will get you in front of potential clients. This could be opening a group, making an announcement, putting up your fees, or even doing a live session.

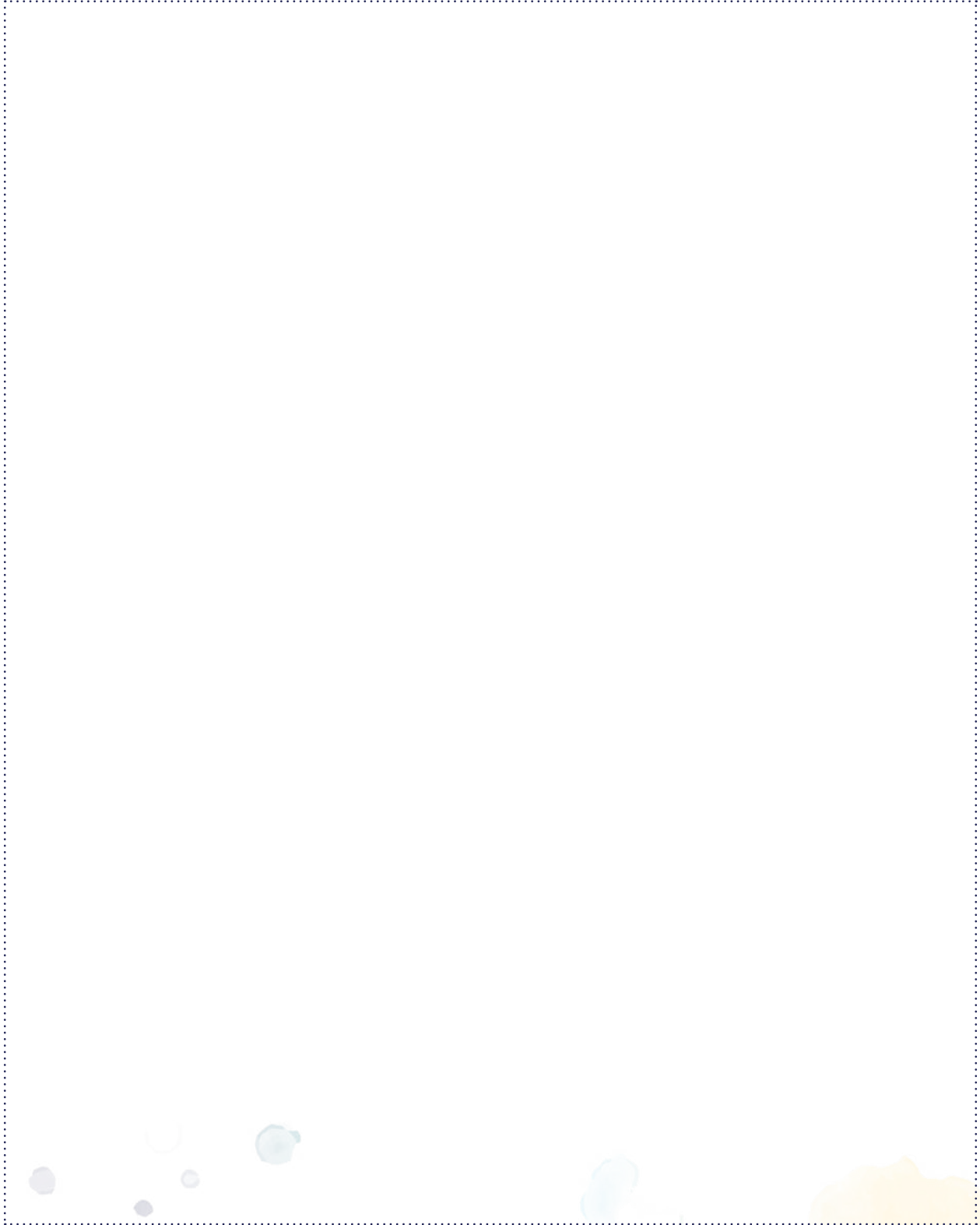
Note: You may already be doing these things, but if you're doing them out of guilt, obligation, or resentment, you're not doing it in a way that's aligned with your target energy, and the energy reflected back will be just as unpleasant.

WHAT WILL YOU DO?



NOTES:

Here's a space for you to write record your own evidence and Aha Moments



Whenever we Do a new Doing, we create a new Consequence. It can show up in as little as a few hours, or it may take a few days. It could be small, a seemingly random request for a Discovery Call with you, it could be amazing, you sign that new client – or it could emerge through something downright inconvenient, your internet goes on the fritz or you break your phone. Whatever the case, it will show up – and that is how we create new realities – that is Conscious Karmic Creation.

*“Welcome to the first signs
of your conscious alignment.”*

K. Baum